

**Training Contingent Naval Base Kitsap**  
**Coast Guard Maritime Interdiction Operations**

**09 July 2015 to 15 July 2015**

Welcome aboard! If you are receiving this letter, you have chosen to attend one of the most exciting and action-packed trainings offered this summer. And, not only will the training be fun and educational, but the training is being offered and hosted by one of the premier units in the Coast Guard, the Maritime Force Protection Unit (MFPU), Bangor. MFPU Bangor is a single mission focused unit responsible for defending and escorting national strategic deterrents, the Ohio Class submarines. But, enough about our hosts, let's get into what the training will be about.

Coast Guard Maritime Interdiction Operations Training will focus on the physical training that the Coast Guard typically undergoes. From the CG Physical Fitness Standards to Law Enforcement Tactics, your days will be full learning the many techniques the CG employs. Handcuffing, soft control techniques, hard control techniques, weapons simulator, swim qualifications, and even some boat crew tactics will be taught.

But first, we have to get you here. For those of you driving in, we will be meeting at Clear Creek Elementary, located at 12901 Winter Creek Ave NW, Silverdale, WA, 98383. We will be meeting here at 1300. The school is located outside the Trigger Avenue gate at the Bangor Base, and will make for a short trip to our training destination. For those of you flying in, we will need your itinerary (airport should be SEATAC). There will more than likely be a \$30 transport fee from the airport; more to follow on that (depends on the number flying in and what means we have to secure to get you here). Once we have everyone's itinerary, we can help to schedule everyone's rides over here. Your arrival flight time on the 9<sup>th</sup> should be before 1000, and your departure flight time should be after 1600 on the 15<sup>th</sup>. This will allow for enough time to travel to/from the airport on each of these days.

Make sure you have checked every item on the sea bag list. It is imperative that you have everything required. The Scorpion Squadron, the local unit that we are a part of, may be able to offer items to check-out, but availability cannot be guaranteed. Please bring a completed copy of your sea bag list with you to check-in. You should also have a completed copy of the NBKTC001 (Cadet Development Plan, available on the website), your service jacket or training record, and a copy of your orders (if not already in your service jacket or training record. They are printable from Magellan). Showers will be offered on a limited basis at the base gym, and we will not have a power source in the barracks (tents).

For those of you with parents or unit command wanting to attend graduation, it will take place at the Naval Undersea Museum, located at 610 Dowell Street, Keyport, WA, 98345, and will begin promptly at 1100 on the 15<sup>th</sup>. As you will see in the sea bag list, graduation will be in dress whites.

As for the sea bag list, you will also notice a check box for \$20 to \$50. This will be for any purchase you need/want to make (within reason for the want). There will be some down time, and chances to get to the exchange or commissary, maybe (time permitting) even a movie on base. The amount you bring is up to you and your parents, but please keep it between the \$20 and \$50.